

BIKE DISCIPLINES & TYPOLOGIES

1. Learn to ride path



A safe space to learn to ride

Suitable for a range of riding types eg. bikes, scooters, rollerskates



Mostly flat terrain, sometimes includes confidence building gradients and obstacles

2. Relocatable pumptrack



A good way to trial a space ahead of installing a permanent track

Limited long term appeal, as the route around the track is narrow and well defined



Can be moved to different sites to activate parks

Suitable for a range of riding types eg. bikes, scooters, rollerskates

3. Mountain bike beginners path



Mountain bike learn to ride, skills development track
Can incorporate rollover bumps, berms and boardwalk features to build confidence



Gentle gradients, good sight lines.
Compacted earth or gravel riding surface

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4. Pumptrack



A riding circuit consisting of jumps, rollers, banks and berms. Much of the track can be ridden by ‘pumping’, which is a technique of up and down body movements done in sync with the terrain. These originated with mountain biking and bmx cultures but are also suitable for other wheeled disciplines including skateboarding and wheelchairs.

5. Flow skate and ride environment



Flow parks combine elements of skate bowls and street plazas and cater for skateboarding, bmx, scooter riding and other wheeled equipment. In a well designed flow park a rider can pump around the parks curved walls such as quarter pipes, pump bumps and bowl corners without needing to push or pedal.